



WORKSHOP ON INDIAN COOKING

Learn to cook wholesome, economical and tasty dishes, how to use spices and make your own condiments at a workshop on Indian cooking, featuring Chole (a chick pea dish), Indian Flavoured Rice and Chutney, all home made. Nandita Selvanathan with many years of experience preparing home cooked dishes for her family will offer an interactive workshop on Indian cooking as part of a series. Participants get to sample the food and take home what is prepared. **Date and Time:** Saturday December 14 from 1-4:00 p.m. **Cost:** \$40.00. **To Register:** Call Mary Jane's Cooking School at 204 775-2522 or email mjcookin@mymts.net.